



FREE THETAN

NEWSLETTER OF THE INTERNATIONAL
FREEZONE ASSOCIATION

Preserve, Protect & Promote

April 2011

Volume 2 Issue 4



**“ ... Your potentialities are a great deal better
than anyone ever permitted you to believe.**

**-Self Analysis
L. Ron Hubbard**

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FREE THETAN
Volume 2 Issue 4 April 2011

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~oo0oo~

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The International Freezone Association
The New Renaissance of Beingness
Preserve, Protect & Promote!

***Quote from
L. Ron Hubbard***

***“THE DYNAMIC PRINCIPLE
OF EXISTANCE IS: SURVIVE!”***

***Dianetics: The Modern Science
of Mental Health***



~ Editorial ~



reservo , servo , proveho

Dear Reader,

As beings we are basically very capable. L. Ron Hubbard noted something very interesting. He said that the freedom of an individual cannot be erased. One can convince someone perhaps that they are not free or convince them that there is no freedom but the fact remains that an individual continues to have all the freedom he ever had.

The real and original Scientology, as issued by L. Ron Hubbard, can easily show and demonstrate this. Reading his books, attending some study classes in study centers in the Freezone and receiving spiritual counselling in the Freezone from counsellors that deliver the original applied philosophy of L. Ron Hubbard, originally known as Scientology, can quickly demonstrate that one is basically a free being.

Check out the International Freezone Association for groups and counsellors (also known as auditors - because they listen) in your area, and find out for yourself just how free you really are!

Michael Moore
President
International Freezone Association Inc

The Purposes of the International Freezone Association

Preserve the exact technology and original workable philosophy of Lafayette Ron Hubbard for future use so it is available for all mankind.

Protect the exact technology and original workable philosophy of Lafayette Ron Hubbard so it is not altered, diluted or changed in anyway but remains exactly as Lafayette Ron Hubbard issued it.

Promote the exact technology and original workable philosophy of Lafayette Ron Hubbard so it may be known by all mankind

<http://internationalfreezone.net>

The Aims of Scientology and the IFA

Lafayette Ron Hubbard first issued the 'Aims of Scientology' which of course still stands. Yet, despite holding a copyright on these aims the Church of Scientology, RTC and the CST do not appear to be following these aims fully. Therefore it behooves us to take some responsibility and set out our aims, based upon the aims that Ron first envisaged as something which we can honestly strive to attain.

We therefore stated below:

The Aims of the IFA

To contribute towards having a sane society by the promotion, expansion and application of the technology to the point where people can live their lives in peace and security and without war or insanity and where they can honestly flourish and prosper and attain higher levels of spiritual being.

The IFA is non political in nature and welcomes any individual of any creed, race or nation.

The IFA does not seek revolution. The IFA seeks only to assist in paving the way for evolution to higher states of being for the individual and for society. After endless millennia of ignorance about himself, his mind and the universe, a breakthrough has been made for man by Lafayette Ron Hubbard with the philosophy and the technology he developed to free man from the shackles of his mind.

According to Lafayette Ron Hubbard, "The combined truths of fifty thousand years of thinking men, distilled and amplified by new discoveries about man, have made for this success."

We welcome you to the IFA We would like your help in achieving our aims and helping others and we hope to be able to help you in return.

The original working technology of Lafayette Ron Hubbard is the most vital movement on Earth today. In a troubled world, the job of promoting and applying this technology is not easy. But then, if it were, we wouldn't have to be doing it.

The IFA does not owe its help not having done anything to caused it to propitiate. We are here because we want to be here and we want to assist Ron in his aims.

As Ron says:

"Man suspects all offers of help. He has often been betrayed, his confidence shattered. Too frequently he has given his trust and been betrayed. We may err, for we build a world with broken straws. But we will never betray your faith in us so long as you are one of us.

The sun never sets on Scientology.

And may a new day dawn for you, for those you love and for man.

Our aims are simple, if great.

And we will succeed, and are succeeding at each new revolution of the Earth.

Your help is acceptable to us.

Our help is yours."

'The Aims of Scientology' -- Lafayette Ron Hubbard

~oo00oo~

CERTIFIED AUDITORS & GROUPS

This list of auditors and groups here have been ratified and certified as delivering On Source Standard Technology.

These Auditors and groups have requested and gone through an exacting certification process that validates their abilities and expertise. See [Certification](#) for further details. They have passed stringent testing by senior technically qualified people as per the [certification process](#). Non certified and pending auditors, groups and organizations can be found on the [auditors page](#). The IFA offers no guarantee as to the quality of delivery of services with uncertified auditors.

Groups, Organisations & Individual Auditors

| Country | Region or State | Name | Contact email/phone | Tech Training Level | Admin Training Level | Services Delivered | IFA Certified |
|---------|-------------------------|---|--|---|----------------------|--|---|
| Canada | Toronto | Chris Black | standardtechauditor@yahoo.ca | Class VIII C/S, KOT, | DSEC | PurifC/S; Life Repair To Clear Auditing & C/Sing OT reviews & C/Sing; FPRD; Debugs & more. |  |
| UK | South East | Wicky Ballard | vballarduk@yahoo.co.uk | Solo NOTs | To Be Advised | L/R to Clear+DCSI OTreviews and OK to audit NOTs all with a Class12 C/S |  |
| USA | North West | Anita & Les Warren | www.lifeimp.com | Classed Auditors | To Be Advised | All up to Class IV, NED, Solo Purif, PRD, Basic Courses |  |
| USA | South East USA | Mark List | beachniks@yahoo.com | Class VIII | OEC, DSEC | SPECIAL ZONE PLAN Consultant helping you apply Scientology in your life. |  |
| USA | Los Angeles USA | Trey Lotz | trey@relaypoint.net | Class VIII | To Be Advised | Standard LRH Bridge up to Clear, NOTs, Ls |  |
| USA | West | Roy Selby NorthWest Field Auditor | roy_slby@yahoo.com | Grad V certified | OEC, FEBC | Auditing to Class IV, Counselling to OT III |  |
| USA | North East. Will travel | Ken Urquhart | urq@verizon.net | Class IV Advance Courses Specialist. Class IX | To Be Advised | Internships, apprenticeships and Okay-to-Audits Class V |  |

Please note: The International Freezone Association receives no commercial interest direct or otherwise from any of the people listed above. The IFA does not recommend any particular auditor listed and this list is provided on an informative basis only. Each individual is responsible for their own integrity and case.

DIANETICS

A Quote from Dianetics '55.
Copyright by L. Ron Hubbard 1952

Why should anyone want to know anything about the human mind? And, for that matter, why should anyone believe that knowledge of the human mind is either unobtainable or undesirable? Why should men ostensibly seeking answers to the mind stray so far from it as to examine rats and entirely avoid looking at human beings? And why should anyone pretending to treat the mind stray so far afield as electric shock?

The answers are relatively simple. Anyone who knows the structure, function, and dynamics of the human mind is very difficult to control. The only way a mind can be controlled is by enforcing upon it ignorance of itself. As far as study and treatment is concerned, a mind which has been made ignorant of itself would have to have restored to it awareness of its fundamentals before it could be considered to be recovered. And when one restores full awareness to a mind one is no longer able to victimize it. And a profession or a society would have to move out of slave orientation into action by freedom and consent, were it to be effective.

Just as you do not want people to control you, so you should want knowledge of yourself and others. Just as you fight away from knowingness concerning self, so you will be controlled.

A simple and conclusive science of mind is a vital necessity in any society which desires to become free and remain free. The only elements in a society which would combat, or contest, or dispute an effort to attain such a science would be those interests which desired, by ignorance, to maintain their control of a slavery. Each and every impulse of freedom is

an impulse towards sanity, towards health, towards happiness. Every impulse towards slavery is an impulse in the direction of misery, disease and death. One can say alike of the arthritic and the neurotic that the basic cause of disturbance, physical or mental, germinated in efforts to reduce the freedom of the individual, the group, or Mankind.

Dianetics is an effort towards the attainment by Man of a level of freedom where decency and happiness can prevail, and where knowledge of the mind itself would prevent the unscrupulous use of the mechanisms of slavery. Dianetics can be contested, it can be vilified, its founder and practitioners can be publicly pilloried, but Dianetics cannot be ignored. It could neither be drowned in praise, nor burned in some purge to its total eradication, for it is a wonderfully observable fact that the one impulse in Man which cannot be erased is his impulse towards freedom, his impulse towards sanity, towards higher levels of attainment in all of his endeavors. This is Man's one saving grace, and because Dianetics is such an impulse, and because its basic purpose, from the moment of its conception, have been dedicated unswervably to the attainment of even greater freedom it cannot perish—a fact which will become doubtlessly more annoying to the slave-masters as the years roll on.

There is much argument upon which we could adventure concerning whether Dianetics is an art or a science, whether it is a humanity or a hoax, but all this would avail us very little for we would only be quibbling with words. Dianetics is what it is, and the totality of it can best be summed by the description, 'an understanding of Man.' We do not care whether or not it is a science. We do not care whether or not it is more properly catalogued under Adventure or Mystery. We do care whether or not it is promulgated and known, for everywhere it walks slavery ceases. That mind which understands itself is the mind of a free man. It is no

longer prone to obsessive behavior, unthinking compliances, covert innuendoes. It is at home in an environment, not a stranger. It is the solver of problems and the maker of games. A mind that is enslaved is weak. A mind that is free is powerful, and all the power there is, is defined by and contained in freedom.

Why should you know something about your mind? A question of a similar magnitude would be: "Why should you live?" A science fiction writer once conceived a world composed entirely of machines, composed to a point where the machines were repaired by other machines, which, in turn, were repaired by yet other machines, and so the circle went 'round and the machines survived. He wrote this story from the fondest belief of nuclear physicists that there is only a machine, that man derives from some spontaneous combustion of mud, that the soul does not exist, that freedom is impossible, that all behavior is stimulus-response, that causative thought cannot exist. What a world this would be! And yet this world, this pattern, is the goal of the slave makers. If every man could be depressed from his freedom to a point where he believed himself but a cog in an enormous machine, then all things would be enslaved. But who would there be to enjoy them? Who would there be to profit? Not the slave-maker, for he is the first to succumb. He succumbs to his own mechanisms. He receives the full jolt of his own endeavors to entrap. What would be the purpose of this world of machines? There could be no purpose worth contemplating which does not include happiness and experience. When a man is no longer able to envision happiness as a part of his future, that man is dead. He has become nothing but an animated robot, without understanding, without humanity, perfectly willing then to compose missiles of such desolating quality that an entire civilization can perish, and that the happiness of all can be destroyed in the experience of radiation—an experience which might be considered digestible

by an atomic pile, but not by a human being. Thus as we depart from the concepts of freedom, we depart into a darkness where the will, the fear, or the brutality, of one or a few, no matter how well educated, may yet obliterate everything for which we have worked, everything for which we have hoped. This is what happens when the machine runs wild, and when Man, becomes a machine, runs wild. Man can only become a machine when he is no longer capable of understanding his own beingness and has lost his contact with it. Thus it is of enormous importance that we understand something about the mind, that we understand we are minds, that we are not machines, and it is of enormous importance that Man attain at once to some higher level of freedom where the machine reaction of destruction may be controlled, and where Man himself can enjoy some of the happiness to which he is entitled.

"Dianetics: The Modern Science of Mental Health" was written into a world where atomic fission was yet in its early stages. But "Dianetics 55!" is being written in a world where bombs exist of such fury that a continent could be laid waste. The recent declaration of the Secretary of War of the United States of America that such weapons exist, and are capable of being used, and his assumption that men exist with such insufficiency of humanity that they would use such weapons, tells us that it is time someone, somewhere, took a hand in this game. The intimacy of his promises cannot be escaped. You would think anyone a madman who essayed to destroy every book in every library in the United States and Russia. You would think a man quite insane if he insisted upon the destruction of all your personal possessions. You would know he was mad when he insisted that the only course for the future was the destruction of your body and any future race to remember it. Only a raving, drooling madman could contemplate the ending of all goals everywhere on earth. And only an apathetic fool would stand by motionless



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before the inevitable destruction of his most intimate dreams, his fondest hopes, his possessions—even on down to his identification cards and the money in his wallet. Such destruction permits no inheritance. It means an end of everything for which we have all hoped, for which we and our ancestors have striven, and it is my belief that an individual who can contemplate this with equanimity and without an impulse to act is so lost to the race and lost to himself, to his family, and to his friends, that he must personally believe there is no hope for anything, anywhere, at any time. Such depravity is difficult to envision. We know, definitely, that the wrong thing to do is nothing. Whenever any situation may develop, we always have that answer. It is wrong to do nothing. The only time anyone has ever gotten into serious trouble was when he decided he could do nothing about something.

This was the entering threshold towards death. When one knew, at last, that he was powerless in the face of all fates, or of any one particular fate, he was, to that degree, a slave of those fates. Thus, the wrong thing to do in this world, at this time, is nothing. No matter what fantastic or incredible plan we adventure upon, no matter how we put it forward, it would still be better than the abandonment of all plans and all action. It may be that we have better plans than fantastic plans. It may be that we, possessed of a knowledge of the mind and of Man, can yet restrain this dreadful crime of oblivion from occurring.

Dianetics, then, is a weapon. It is a timely weapon. It is the only weapon of defense in existence which can confront with equanimity

nuclear fission. Dianetics can fail only if it is not used, only if those who know about it do not use it to its fullest extent. Were you to take the technologies of Dianetics this day, and seeking out anyone even remotely connected with the responsibility for waging atomic war, apply these techniques to them, you would soon have the man into a sufficiently high stratum of humanity that he would recognize some of his responsibility to the human race. Your task would be made hard, for all those who are connected with the waging of war with atomic fission are restricted by law from receiving any psychotherapy. If this seems incredible to you, you should realize that anyone in a top-secret or confidential classification in government is not supposed to impart any information of his calling. And it is the fear of governments that some of this information might be imparted to someone practising in the field of mental healing. And thus, if anyone connected with nuclear fission is discovered to be undergoing processing of any kind, he would be immediately relieved of his post and his top-secret classification would be cancelled. But this is not a hopeless picture. Supposing one processed them all and had all their top-secret classifications cancelled, who would be left? Or supposing one pointed out this idiocy with sufficient conviction to those in charge of (but who are not responsible for) the destinies of Man, and made it mandatory that the sanity of anyone connected with the creation or use of atomic fission be required to have a sanity passport. Only the insane will destroy.

Remember that! Only the insane would bring about the end of earth. One of these men, fumbling forward, uncomprehending, a mere machine, given processing begins to realize that

he is not without responsibility for the safety of humanity. Only when he is a slave could he be forced to use such weapons against mankind. There is no argument on earth of sufficient emergency or violence to require war, much less war by atomic fission with the consequence of the destruction of at least one continent, and within a few years, the destruction of the planet earth.

Who would believe that anyone could wipe a continent clean of life without at once so polluting the atmosphere of earth as to endanger or eradicate all further life-forms on this planet? What argument could there be amongst men which could occasion such a fate for earth? There is no such argument amongst men. Such an argument could arise amongst machines which, conscientiously, might push buttons, reach conclusions for which they had no responsibility.

There are many ways in which a higher state of security could be attained for earth. None of these ways include violence or revolution, and all of them include a greater freedom for Mankind. Dianetics is the key technology necessary for the control of atomic fission. Remember that, and remember also that Dianetics is a precision science, that it works only when it is used as a precision science. That if you are to accomplish anything with it, whether the rescue of a relative from the pain of continued psychosomatic illness, of a group, a nation, or a world, it works exactly along the lines it is designed. It does not work with innovations. It is a precision science. It has a precision mission. It contains more answers than Man has ever had before, and it contains enough answers to make Man free—if it is used!

L. Ron Hubbard

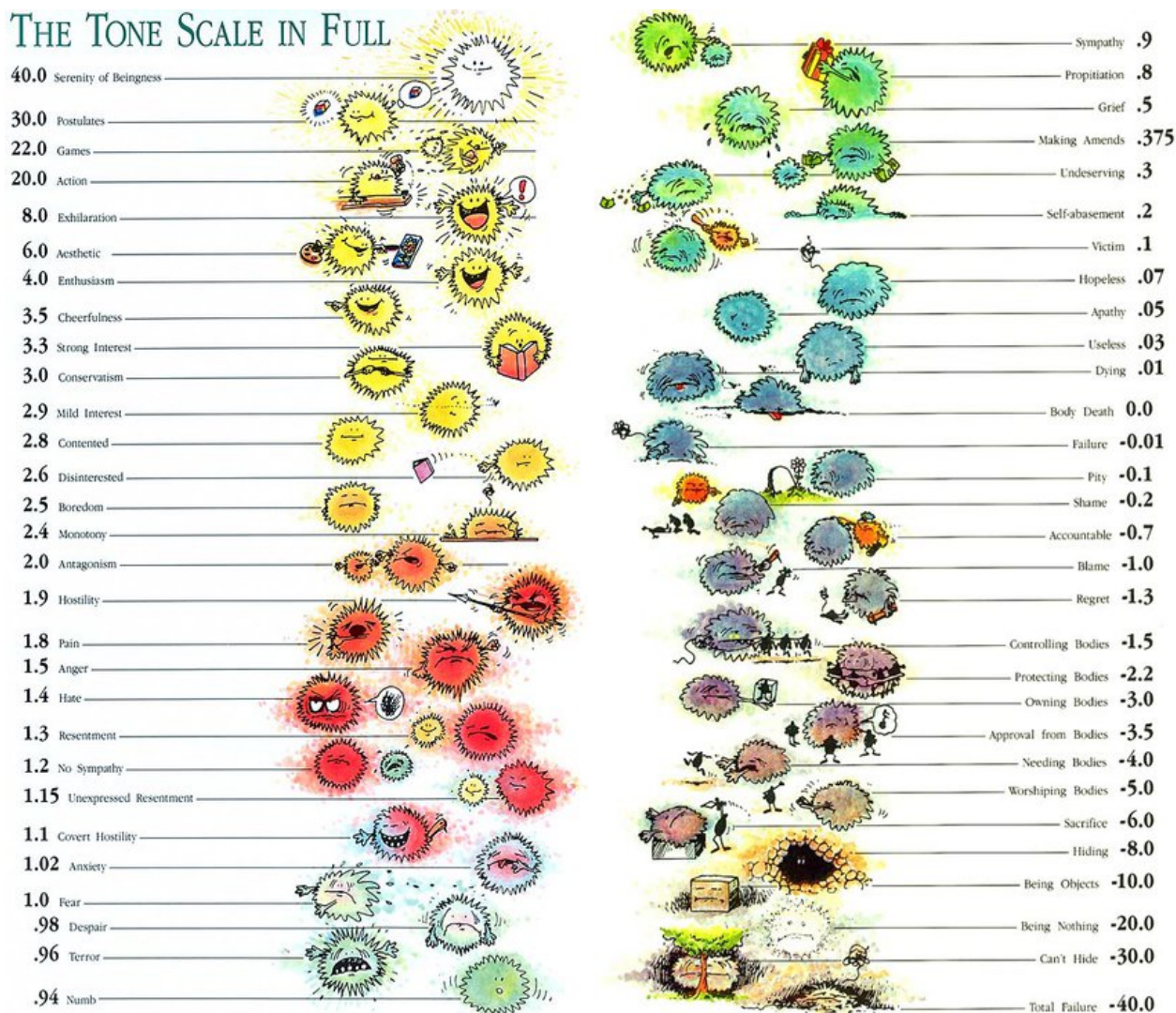
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|  <p>FREE THETA Journal of the International Freezone Association FREE THETA JOURNAL OF THE INTERNATIONAL FREEZONE ASSOCIATION Preserve, Protect & Promote July 2000 Volume 2 Issue 1</p> <p>Freedom</p> <p>Freed on too many barriers, man yearns to be free. But launched into total freedom he is purposeless and miserable.</p> <p>There is freedom amongst the barriers. If the barriers are known and the freedoms are known, there can be life, living, happiness, a game.</p> <p>— SCIENTOLOGY: A NEW SLANT ON LIFE</p> <p>L. Ron Hubbard</p> | <h2>FREE THETA</h2> <p>The voice of Freedom! The voice of the Freezone! Exciting articles by well known & respected Freezone individuals. Regular favourite features. Available to IFA Members only.</p> |  <p>FREE THETA JOURNAL OF THE INTERNATIONAL FREEZONE ASSOCIATION Preserve, Protect & Promote Jan 2007 Volume 3 Issue 1</p> <p>"REALITY IS THE AGREED UPON APPEARANCE OF EXISTENCE"</p> <p>SCIENTOLOGY & 8008 Lafayette Florence Hubbard</p> |
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Keep in Touch Today!

The Tone Scale in Full



The Tone Scale

Understanding is composed of Affinity, Reality and Communication. This triangle tells us that the co-existent relationship between affinity, reality and communication is such that none can be increased without a resulting increase in the other two and none can be decreased without decreasing the other two. Of the three, communication is by far the most important. Affinity and reality exist to further communication. Under the heading of affinity we have, for instance, all the varied emotions which go from apathy at 0.1 through grief, fear, anger, antagonism, boredom, enthusiasm, exhilaration and serenity in that order. It is affinity and this rising scale of the characteristics of emotion which give us the Tone Scale.

Scientology 0-8. The Book of Basics

Wins & Success Stories from the Independent Scientology Freezone

We get many success stories in the Freezone of auditing, training and even just from reading Lafayette Ron Hubbard Books!



Word Clearing

"Thanks, friend Pat, for this gift of study freedom. This seemingly simple cycle opens a new world to me, all the more hopeful because such auditing was denied to me before." G.S.

I had reservations as I have been audited by some of the best and never quite got sorted since my barbaric handling from those who claim to be a church.(23 years of unhandled personal suffering relieved as best as was possible by those who kept the torch of tech burning despite pressure not to and to whom I am also eternally grateful)

Auditing Wins

A Repair Completion

"As a result of the auditing I just completed, I now have a much clearer picture of what was actually causing me trouble this lifetime - not what I thought it was at all! Feeling charge blow from a long-time restimulation engram was an **unbelievable** feeling! I was totally blown away when I discovered the source of the problem! I feel like I can better handle a present time problem I've been trying to tackle

because I have more of ME as a thetan there to handle it! Thanks to my auditor, Chris! Thanks LRH! SD

Grade III and Grade IV Attest

"Hello, all: I have recently completed grades three and four at this lonely outpost of truth here in Elma Washington. Along with the states attained indicated on the chart I've noticed I can remember things long forgotten with multiple perceptics and the stuff doesn't bug me anymore! I would say I'm happy as a clam, but it ain't the clam featured in "A History of Man"; it's more fun than that. GK

I am currently "off on a win" due solely to the indication of the next step of the program How could he know?...Is this guy telepathic and clairvoyant? Obviously way out ahead of me in time and space as the programme is days old and he's 5 hours behind! Perhaps this is magic?... I guess he would say it is simple C/Sing and ClassX11 training and I heard he's done at least 30,000 hours in the chair.

I am having fun with my auditor. Consistently I have said. "I really would love to handle blah but I guess it will come later in the C/S and

meanwhile I better just do this step." Then we find I've reached EP and ...guess what is my next step?...exactly what I want to handle. I don't know how many times this has happened but today when my auditor told me the next step, tears were about to flood, my F/N went dial wide and I felt I couldn't go on without first acknowledging what it is like to be C/Sed like this!!!!

Thanks to all and to Terrill for sending me another of Pierre's success stories that sent me hurtling across the Atlantic...I hope this does the same for you or someone you know. If not I am sure there will be more success stories before I finish the programme. I am also looking forward to working with him as an auditor and receiving his mind blowing C/Sing, instruction and the joy of seeing someone else receive the wins I have had. I would recommend any auditor pc or pre-OT to experience this.

CLEAR Wins

Hello All -- I just attested to clear after completing the clearing course; dug the ditch with my own two hands and my trusty Stalker 4 Meter. Of course, this is a cannibal clear (see Tech Dictionary) That means I will keep eating missionaries; I'll just be more particular about how they're cooked!

Ok to Publish

G.K.

I had a lot of cogs along the way. I just don't remember them now, but all I can say is that this level indeed rehabilitates you. I remember saying to myself that I had this ability and I always had. The funny thing is that you wouldn't know it until you did this level.

Things look brighter and more hopeful and I smile a lot more than before and I laugh at

things I haven't before noticed. I notice small things. My vision is wider.

Most of all, I noticed how important it is to notice "little" wins you have because these make you go forward. You had so many wins along the way in your life that went unnoticed. You think if you don't have a big win it's not a win. But these small wins connect up to be a big win. I guess I also gained an ability to recognize those little important wins.

I do feel so much better because of it. Also, feel I gained the ability to separate things out. OT VII has been a very comfortable level for me. Quite natural for me. I look forward to OT III Expanded.

(A Success Story On OT III)

I was sitting there and running along just fine and had just finished off a section of auditing when I popped "Out of session" fully in present time and had a very strange feeling come over me.

I looked around the room and could not believe how absolutely empty it was. The desk was there and the assorted furniture and all, but the feeling was that the room was really empty and I was really alone.

There was nothing there but ME !!!!!!!

No resistance in the space, no "Noise" or "Stuff" filling the space. I could have said "hello" out loud and bounced the echoes off the walls. Nothing filled the room, just really empty and void of nothing that is not me.

The first time I ever felt that kind of alone before. It is wonderful! M.C

Training Wins

Hi - I just completed the Solo Audit Course here in Elma. There were a couple of times when I wasn't sure if I could finish it but the day finally came. The last Scn. Course I took was Student Hat and that was 30 years ago. I appreciate very much the fact that Pat and Ray knew I I could do it. Also thanks to Frank and Michael and Sylvia for helping me on some drills. And to Teresa for being there and accompanying me. And to my '68 Dodge Dart for defying the laws of MEST and keeping me on the road.

Study Course Completions and Wins

"My success story on Student Hat is not like a big, all at once win. Since the materials have basically become me as I've studied them, I've won throughout the course. I studied something new, got it, and then just proceeded with the new tool pretty much already a habit. But more than a habit, just me, just life using my hand to pick something up, no conscious thought really, it just happens. So I feel I really got it.

I feel ready to do the levels. I'm just very relaxed and okay about study. I'm not afraid of all those hard auditing levels now.

One specific win was the first clay demo on the course where you demoed in clay a pencil. Even before I actually did it, I felt my I.Q. went up just reading the material on it. It opened and loosened something up. It was wild. JH

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And here is a special story just in.

Let me tell you a little story.

A few weeks ago I was an unemployed alcoholic, spending nearly everyday alone in a little room on the second floor of a row home in Philly, chain smoking in front of my company. Broke and heartbroken, I felt like the piles of beer bottles and ashes that surrounded me. Burnt, consumed, exhaled, pissed away, empty and cremated. I had been happy once before, I knew it was possible. I had worked and lived and loved, knew these things were real and attainable. I had done a little studying, a few courses, knew the tech was workable. But there I was, bottoming out.

I found out about the Freezone one day. I read everything I could. I started getting in comm. with people. I showed up on debate boards, emailed people personally, got on this list, started studying more tech. The light in the hall came on. I saw doorways. I did my conditions. Kept in comm. with key people, started making plans. Doors start opening. I was getting help. Slowly at first, in steps I could handle, at little or no cost at first. I realized I needed a serious kick-start to real case gain. Followed through on some plans, borrowed money, and

went to Canada. Now I've really stepped through. Nobody can hand you freedom.

I'm now working, sober, (and couldn't care less if I never had another drink) and after finishing some Life Repair, calm, focused, and certain of a brighter future. This weekend I'll start the Purif. And I'm going to take each step, one at a time, up all the way.

See, there's really no excuse. If you want your bridge, do it. It is yours. You're the only one who can. You have to decide it's important. You have to sit there and sweat. You have to do the studying, training. You've got to hold those cans and dig down into that bank. You've got to stare down the track until you see the Beginning. It is simply not worth having though unless you're willing to give it your all.

There's no church in your way. There's no need for robots. There's no need for any other -ologies or whatever. There's nothing holding you back beyond a consideration.

And there's no need to Q and A about it, regardless of the circumstance. If a poor drunkard can do it, anyone should be able to. If you want your bridge, go get on it. It's your Eternity.

It's mine too, actually. Maybe we'll be seeing each other. So just do your bridge!

Andrew.

~oo00oo~

~~ Lafayette Ron Hubbard Quote ~~

TWO RULES FOR HAPPY LIVING

1. *Be able to experience anything.*
2. *Cause only those things which others can experience easily.*

Man has had many golden rules. The Buddhist rule of "Do unto others as you would have these others do unto you" has been repeated often in other religions. But such Golden rules, while they served to advance man above the animal, resulted in no sure sanity, success, or happiness. Such a golden rule gives only the cause point or at best, the reflexive effect point.

This is a self-done-to-self thing, and tends to put all on obsessive cause. It gives no thought to what one does about the things done to one by others not so indoctrinated.

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THE BEINGNESS OF MAN

Any study of knowledge could not but be intimately connected with the beingness of Man and the earliest axioms of Scientology began to predict and the later developments eventually discovered the highest level data so far obtained on the identity and capability of life.

The well-beingness and, indeed, the continued survival of mankind depend upon an exact knowledge of his own capabilities; and thus, more particularly, of his own relationship to knowledge itself.

The basic goal of Man which embraces all his activities is apparently survival. Survival might be defined as an impulse to persist through time, in space, as matter and energy.

The impulse to survival is found to contain eight sub-impulses. These are, first, the urge to survive as self; second, the urge to survive through sex in the procreation of children; third, the impulse to survive as a group; fourth, the impulse to survive as mankind itself; fifth, the urge to survive as animal life; sixth, the impulse to survive as the material universe of matter, energy, space and time; seventh, the impulse to survive as a spirit; and eighth, the impulse to survive as what may be called Supreme Being.

The above sub-impulses are called dynamics; combined, they form the overall urge towards survival, but each one of itself plays its important role, both in the individual and in the wider sphere named as a part of each impulse. Thus we see the interdependency of the individual with the family, with the group, with the species, with life-forms, with the material universe itself, with spirits, and with God; and we

see the dependency of each one of these entities upon the individual as a part of it.

The human mind might be conceived to be the recorder, computer and solver of problems relating to survival.

Scientology introduces new and more workable ways of thinking about things. It has found that an absolute is unobtainable; neither zero nor infinity are as themselves discoverable in a real universe but, as absolutes, may be posed as symbols for an abstraction which could be supposed to exist but which does not exist in fact. Therefore, there would be no absolute good and no absolute evil. A thing to be "good" would depend on the viewpoint of the observer, and the same condition would exist for "bad."

Several new concepts germane to the fields of science and humanities almost independent of its own work have been introduced by Scientology. The first of these is the proper definition of a static. The next is the first actual definition of zero and its differentiation from infinity in terms of mathematics. Another is the basic definition of space which hitherto was omitted from the field of physics except in terms of time and energy.

An optimum solution to any problem would be that solution which brought the greatest benefits to the greatest number of dynamics. The poorest solution would be that solution which brought the fewest benefits to the least number of dynamics. And here a benefit would be defined as that which would enhance survival. Activities which brought minimal survival to a lesser number of dynamics and damaged the survival of a greater number of dynamics could not be considered rational activities.

While there could be no absolute right or absolute wrong, a right action would depend upon its assisting the survival of the dynamics im-

mediately concerned; a wrong action would impede the survival of the dynamics concerned.

Thought is sub divisible into data. A datum would be anything of which one could become aware, whether the thing existed or whether he created it.

Creativeness could be found to exceed existence itself; by observation and definition it is discoverable that thought does not necessarily have to be preceded by data, but can create data. Imagination can then create without reference to pre-existing states, and is not necessarily dependent upon experience or data and does not necessarily combine these for its products. Imagination could be classified as the ability to create or forecast a future or to create, change or destroy a present or past.

Cause is motivated by the future.

Scientology as it applies to life is seen as a study in statics and kinetics, which is to say a study of the interplay between no motion and all motion, or less motion and more motion.

In thought itself at its highest range, we discover the only true static known. In physics a static is represented as a body at rest but it is known in physics that a body at rest is yet an equilibrium of forces and is itself in motion if only on the level of molecular motion. A true static would contain no motion, no time, no space and no wavelength. To this static in Sci-

entology is assigned the mathematical symbol theta. This designation means solely a theoretical static of distinct and precisely defined qualities with certain potentials.

The all-motion or more-motion kinetic is termed MEST. This word represents the material universe, or any universe. It is combined from the first letters of the four words: matter, energy, space and time.

The interplay between theta and mest results in activities known as life, and causes the animation of living life forms. In the absence of an interplay, the life form is dead.



The beingness of Man, by which is meant homo sapiens, derives its impulse toward thought and action from theta and takes its material form in mest.

Man, homo sapiens, is a composite being of four distinct and divisible actualities: these parts are termed the thetan, the memory banks, the genetic entity and the body.

The thetan, which will be described later in greater detail, has the

impulse of theta itself and can exist in matter, energy, space and time, but derives its impulse from the potential of theta itself and has certain definite goals and behavior characteristics of its own.

The standard memory banks and the reactive memory banks compose the memory banks of homo sapiens. These, in the analogy of an electronic computer, are the file system. The

standard banks can be said to contain data of which Man is easily and analytically aware and the reactive banks are those which contain stimulus-response, in other words experience the action of which is below the level of his awareness. The content of the reactive banks was received during moments of lessened awareness such as the unconsciousness of early life in times of weariness, severe pain or heavy emotional stress, such data operating automatically thereafter to command the person without his consent. The standard memory banks are those in which experience is stored for use in the estimation of the effort necessary for survival and are concerned with analytical thought. There is an additional storage of memory itself in a purer form than in these banks, but this memory is contained in the capabilities of the thetan.

The genetic entity is that beingness not dissimilar to the thetan which has carried forward and developed the body from its earliest moments along the evolutionary line on earth and which through experience, necessity and natural selection, has employed the counter-efforts of the environment to fashion an organism of the type best fitted for survival, limited only by the abilities of the genetic entity. The goal of the genetic entity is survival on a much grosser plane of materiality.

The body itself is a carbon-oxygen engine which runs at a temperature of 98.6 Deg. F. on

low combustion fuel, generally derived from other life forms. The body is directly monitored by the genetic entity in activities such as respiration, heart-beat and endocrine secretions; but these activities may be modified by the thetan.

The human mind could be said to be the primary activity of the thetan with his own memory and ability plus the analytical standard memory banks, modified by the reactive memory banks of the genetic entity, and limited by the mechanical abilities and adaptabilities in action of the body itself.

These four parts of homo sapiens are detachable one from the other.

The personality and beingness which actually is the individual and is aware of being aware and is ordinarily and normally the "person" and who the individual thinks he is, is the thetan; and this awareness can continue, is clarified and is not interrupted by a detachment from the body which is accomplished by standard processing.

The thetan is immortal and is possessed of capabilities well in excess of those hitherto predicted for Man and the detachment accomplishes in the sober practice of science the realization of goals envisioned but questionably, if ever, obtained in spiritualism, mysticism and allied fields.

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The anatomy of the beingness of Man is one of the lesser studies of Scientology where the beingness relates only to homo sapiens, for the detachment of the thetan by standard operating procedure is in common practice a simplicity, and it is therefore unrewarding to explore to much greater depths the remaining combination of the standard and reactive banks, the genetic entity and the body, since the last three are a specialized combination. Nevertheless the development of the technology necessary to bring about a complete state of beingness of that which a man actually is found to be, has

provided considerable data and technology in the field of memory recordings, the peculiarities of energy behavior around and about the body, the history of the evolutionary line, the identity of the genetic entity and much of the construction of the body itself, as well as the construction of the real universe. The bulk of the data which concerns homo sapiens, other than the beingness of the thetan, has been covered adequately earlier and elsewhere.

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Daily do list from Ron

Here's a brief quote from Professional Auditor's Bulletin (PAB) No. 6, which is offered here as a fair use quote for educational purposes:

"Now you happen to be using a body. Before we worry about your mind let's clean up the primary communication relay point, the body. And for two weeks, let's do these things:

1. Clean up your MEST, get done the various odd jobs you've "been meaning to do."
2. Bring yourself up to date socially and give a letter or a ring or a personal call on people you've neglected.
3. Take a one-hour walk every day, simply starting away from home very early (dawn is best) for half an hour and then walk back, a different direction every day. (If you can't walk, get out in the yard and throw things for half an hour. If you can't throw, spit at something for half an hour -- and I mean throw and spit literally.)
4. Get a physical examination and if anything is chronic get it cured.
5. Take twice a day 100 mg. of B1 (200 mg. total) and supplement it with 250 mg. of vitamin C.

If you will do these things, you will be ready in a couple of weeks for some auditing. And if you feel you're in such top condition you need no auditing, I dare you to do the above and feel the change."

Love,

Ron.

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Scientologists Glossary

Here is an extensive list of words and terms found in the applied philosophy of Lafayette Ron Hubbard. This is useful for anyone making a study of Dianetics and Scientology.

A=A=A

Anything equals anything equals anything. This is the way the Reactive Mind thinks, irrationally identifying thoughts, people, objects, experiences, statements, etc., with one another where little or no similarity actually exists. Example: Mr. X looks at a horse, knows it's a house, knows it's a school teacher, so when he sees a horse he is respectful. This is the behavior of the Reactive Mind. Everything is identified with everything on a certain subject.

Aberration:

is a departure from rational thought or behavior. From the Latin, "aberrare", to wander from, Latin "ab", away, "errare", to wander. It means basically to err, to make mistakes, or more specifically to have fixed ideas which are not true. The word is also used in its scientific sense. It means departure from a straight line. If a line should go from A to B, then if it is "aberrated", would go from A to some other point, to some other point, to some other point, to some other point, to some other point, and finally arrive at B. Taken in its scientific sense, it would also mean the lack of straightness or to see crookedly.

Admin:

(in auditing) is used about the action or fact of keeping auditor's reports, summary reports, worksheets and other records related to an auditing session. "He kept good "admin"" meaning that his summary report, auditor's report and worksheets were neat, exactly on pattern, in proper sequence and easily understood, as well as complete.

Affinity:

Degree of liking or affection or lack of it. Affinity is a tolerance of distance. A great affinity makes you feel 'close' to somebody or something. It's a tolerance of or liking of closeness or close proximity. A lack of affinity would be an intolerance of or dislike of closeness. Affinity is one of the components of understanding, the other components are reality and communication. One's level of affinity is expressed on the so-called tone scale.

Ally:

is a person from whom sympathy came when the PC was ill or injured. An ally coming to the PC's defense of his words or actions aligns with the individual's survival. The Reactive Mind of the PC gives that ally the status of always being right--especially if this ally-relationship originally is coming from a highly painful Engram. The ally is seen as a person that has to be blindly followed or supported as 'he can do no wrong'.

Alter-is:

To change or falsify the way something actually is.

Analytical:

means capable of resolving, such as problems and situations. The 'Analytical' mind would be the conscious aware mind which thinks, observes data, remembers it and resolves problems. It would be essentially the conscious mind as opposed to the unconscious mind. In Ability Clearing the Analytical mind is the one which is alert and aware and the Reactive Mind simply reacts without Analysis.

The word "analytical" is from the Greek, "analysis", meaning resolve, undo, loosen, which is to say take something to pieces to see what it is made of. This is one of those examples of the shortcomings of the English language since no dictionary gives the word "analytical" any connection with thinking, reasoning, perceiving, which in essence is what it would have to mean, even in English.

ARC:

A word made from the initial letters of Affinity, Reality and Communication which together equals understanding. ARC is pronounced as three letters A-R-C.

ARC Break:

1) A sudden drop or cutting of one's affinity, reality, or communication with someone or something. It is pronounced by its letters "A-R-C break".

2) A sudden drop or cutting of one's affinity, reality or communication with someone or something. This is in common language known as an upset or a condition of being shocked, disappointed, surprised, offended, etc. The A-R-C break gives an inside look in the anatomy of what is going on.

ARC break Assessment:

Reading a prepared auditing list which applies to the activity. The list is read to the PC while on a Meter. In the ARC Break Assessment the auditor only locates and then indicates the charge found to the PC. It is used on very upset PCs where actual auditing is not possible. If auditing is possible you can do Auditing by Lists. The same list can be used but here you actually run a process to handle each read to F/N VGIs.

ARCU CDEINR:

Stands for affinity, reality, communication, understanding. And curious, desired, enforced, inhibited, no, and refused. These are the points assessed by an auditor on the Meter when handling an ARC break. First he assesses ARCU, finds the most charged one and indicates it to the PC. Then he assesses CDEINR, finds the most charged one and indicates it to the PC. Example: The first Assessment finds 'Reality'. This is indicated. The second assessment could end up with "Inhibited Reality". This is indicated to the PC who will feel relief.

As-is:/As-is-ing:

To view anything exactly as it is, without any distortions or lies, at which moment it will be fully understood. When a problem is As-is-ed it will vanish and cease to exist as a problem.

Assess:

means to choose, from a list of statements - which item or thing has the biggest read on the Meter. The longest read usually will also have the PCs interest.

Assessment:

is done by the auditor between the PCs Bank and the Meter. There is no need in assessing to look at the PC. Just note which item has the longest fall or Blowdown. The auditor looks at the Meter while doing an Assessment. Also the action of an auditor reading down a list to find out which item on the list reacts more than the other items on the list, using a Meter, and so choose which item to handle. (See also, Prepared Lists).

Assist:

A simple auditing action given as a first aid. Does not replace medical first aid. An action undertaken by an auditor to assist the spirit to confront physical difficulties.

Attention:

When interest becomes fixed, we have attention; it's directed or held interest. Attention is aberrated by becoming unfixed and sweeping at random, or becoming too fixed without sweeping.

Attention unit:

Could be considered a theta energy unit of awareness existing in the mind in varying numbers from person to person. This would be the theta endowment of the individual; attention units are what he enjoys with, thinks with and works with. Attention units can be caught up in incidents on the Time Track and be locked up in these incidents, problems, etc. A person who is 'not there' mentally has most of his attention units locked up. Auditing enables the PC to regain them as free attention. See also theta.

Auditing:

Also called Processing, the application of Ability Clearing processes and procedures to a person by a trained auditor. The exact definition of auditing is: the action of asking a PC a question (which he can understand and answer), getting an answer to that question and acknowledging him for that answer.

Auditing Session:

A period in which an auditor and PC are in a quiet place where they will not be disturbed. The auditor gives the PC certain and exact commands which the PC can follow.

Auditor:

A person trained and qualified in applying Ability Clearing processes and procedures to individuals for their betterment; called an auditor because auditor means "one who listens."

Auditors Code:

The technical or professional code of Ability Clearing auditors; a list of "do's" and "don'ts". The rules are based on experience and have proven themselves to be necessary to ensure optimum progress in auditing a case; the governing set of rules for the general activity of auditing.

2) Important set of rules, which guides the auditor's professional behavior and attitude. The purpose of these rules is to develop maximum trust between auditor and PC. Maximum trust leads to quickest and most lasting results. It's a joy to be audited by an auditor, who sticks to this code rigorously all the time. Remember the important rule: Auditor plus PC is greater than PC's Bank (aud. + PC > Bank).

Auditors C/S:

A sheet on which the auditor suggests the case supervision instructions for the next session. It has to be approved by the C/S before being carried out.

Auditors Report Form (ARF): This shows in summary form what actions were taken in session and how they went. The ARF is made out at the end of each session and is an outline of what happened during the session. (Abbreviation: ARF).

Bad indicators: (BIs):

Those observable indications on the PC and Meter that things are not going well for a PC.

Bank:

Reactive Bank; Reactive Mind; Engram Bank.

The mental image picture collection of the PC. It comes from computer technology where all data are in a "Bank"; portion of the mind which contains Engrams, Secondaries and Locks.

Blow:

- 1) Something that suddenly disappears (such as a problem or charge in general) is said to have blown.
- 2) To depart without authorization from an area. To leave suddenly without explanation. It can be used as a noun and as a verb.

Bullbaiting:

In coaching certain drills the coach attempts to distract the student auditor by doing Bullbaiting. This should be done by play acting situations that could occur in session, but other things can be used from time to time. As a bull-fighter attempts to attract the bull's attention and control the bull, so does the coach attempt to attract and control the student auditor's attention; however the coach flunks the student auditor whenever he succeeds in distracting the student from the drill and then repeats the action until it no longer has any effect on the student (see also Buttons).

By-passed Charge: (BPC):

1. Mental energy or mass that has been restimulated in some way in an individual, and that is either in part or wholly unknown to that individual and so is capable of affecting him negatively.
2. reactive charge that has been by-passed (restimulated but overlooked by both PC and auditor). When found and indicated the PC will experience relief. On a Meter you would see a Blowdown.

Case:

The sum of aberrated conduct or behavior resulting from the influences of the Reactive Mind.

When a practitioner is displaying 'case' they are acting in an irrational and also unprofessional manner.

Case gain:

The improvements and resurgences a person experiences from auditing and training; any case betterment according to the PC.

Case Supervision: (C/S):

The inspection of auditing, by a qualified Case Supervisor (using auditor reports, session worksheets and Examiner reports); the ordering of standard actions and remedies to ensure maximum gains for the PC. The written instruc-

tions of a case supervisor.

Chain:

A series of incidents of similar nature or similar subject matter. When running a Chain the PC is sent earlier and earlier until it the Chain fully handled.

Chain of incidents: A whole adventure or activity of many incidents, related to each other by the same subject, general location or people. It can go way back in time.

Charge:

1. harmful energy or force accumulated and stored within the reactive mind. It's attention units trapped in past conflicts and unpleasant and painful experiences, etc. Auditing discharges this charge so the energy is no longer trapped nor there to affect the individual negatively. 2. *emotional* charge or energy.

3. by charge is meant anger, fear, grief, or apathy contained as misemotion in the case.

Check-out:

The action of verifying a student's knowledge of an item given on a check sheet. This is much like a verbal examination in school. But special attention is given to definitions of words and the student's ability to demonstrate principles with a demo kit.

Check sheet:

A Check sheet is a printed form that sets out the items to be studied or done by a student, item by item, on a course. It lists all the materials and drills of the course in the order in which they are to be studied.

Clay Demo:

Clay Demonstration. Making an illustration of the principles studied in model clay. The student demonstrates definitions, principles, etc. in clay to obtain greater understanding by translating significance into actual mass.

Clear:

1) A person (thetan) who can be at cause knowingly and at will over mental matter, energy, space and time as regards the first dynamic (survival for self). The state of Clear is above the release Grades (Grade 0-4) of Ability Clearing (all of which has to be done before you get to Clear).

2) A Being, who no longer has his own Reactive Mind.

Clearing:

Various techniques directed at improving abilities and awareness leading to the state of Clear. The activity done in auditing.

Coach: The person who helps another student understand or apply a particular text or drill. He is a one-on-one instructor. Usually students take turns being coach and student.

In Drilling: The one, that *directs the student*. She is the instructor of the drill, the one that calls the shots. The term 'coach' is best known from sports; he instructs the players and shows them what to do. During a game he gives the players practical advice from the sideline. 'Coach' is also used about a private instructor teaching a student.

Coaching:

Training intensively by instruction, demonstration and practice. In training drills, one twin is made the coach and the other the student. The coach helps the student to achieve the purpose of the drill. He coaches with reality and intention following the materials pertaining to the drill to get the student through it. When this is achieved the roles are reversed--the student becomes the coach and the coach becomes the student.

Co-auditing:

An abbreviation for co-operative auditing. It means a team of two people who are using Ability Clearing processes to help each other reach a better life. Sometimes three or more people make up a class of co-auditors who audit each other.

Cognition: (cog):

A PC origination indicating he has "come to realize." It's a "What do you know? I . . ." statement. A new realization of life. It results in a higher degree of awareness and consequently a greater ability to succeed with one's en-

deavors in life.

Communication Lag or Comm lag):

The time that passes between a question and an actual answer. It can be hesitation or reflection, but it can also be not answering the question by talking about something that isn't an answer. In study comm lag in a check-out is flunked. It shows the student doesn't know the materials 100%. In auditing comm lag is just an indicator. A long comm lag means there is aberration in the area.

Communication (Comm):

1) The interchange of ideas or objects between two people or terminals. More precisely the definition of communication is the consideration and action of impelling an impulse or particle from source point across a distance to receipt point, with the intention of bringing into being at the receipt point a duplication of that which emanated from the source

point. The formula of communication is: cause, distance, effect, with intention, attention, duplication and understanding. Communication by definition does not need to be two-way. Communication is one of the component parts of understanding.

2) The exchange or interchange of ideas or objects between two people or designated locations (terminals). More precisely the definition of communication is the consideration and action of impelling an impulse or particle from source point across a distance to receipt point, with the intention of bringing into being at the receipt point a duplication and understanding of that which emanated from the source point.

Communication, Control, Havingness Processes:

or CCHs. Processes which bring a person into better control of his body and surroundings, put him into better communication with his surroundings and other people, and increase his ability to have things for himself. They bring him into the present, away from his past problems.

Communication cycle: (comm cycle):

A completed communication, including origination of the communication, receipt of the communication, and answer or acknowledgement of the communication.

Computation:

technically is that aberrated evaluation and postulate that one must be consistently in a certain state in order to succeed.

Confront:

To face without flinching or avoiding. Confronting is actually the ability to be there comfortably and perceive.

Control:

The ability to start, change and stop things at one's own choice.

CT: Clearing Technology: Consists of Ability Clearing (the Grades) and Engram Clearing (Level 5). In this handbook we mainly use "Ability Clearing" to describe the whole subject.

Destimulation:

The action of deleting the moments of restimulation of the Reactive Mind or some portion of it, so that it moves away from the PC and he is no longer connected to it.

D of P Interview: (Director of Processing Interview): An interview of a PC by a D of P or available person. It is usually done on a Meter. The purpose is to get data for programming and C/Sing a case. It is not auditing.

Dramatization: (Dramatize):

To repeat in action what has happened to one in experience. It's a replay out of its time period now of something that happened then. The person is going through the motions of some incident as if he was an actor, but he does the re-enacting unknowingly.

Earlier Similar: (E/S):

When the auditor is checking the rudiments, he may run into the situation, that the difficulty doesn't resolve right

away. To resolve the situation he will have the PC look for an earlier similar incident.

Earlier, means it happened before or further back in time, than the incident they were just talking about.

Similar, means it was somewhat the same type of incident. Maybe having to do with the same person or persons, the same place or the same surrounding circumstances. To ask for an *earlier similar incident* is used in many processes, as the reason the present incident does not resolve is because it unknowingly reminds the PC about earlier times. When he is sent earlier and the exact circumstances get known to him the subject matter will clear up.

EP:

End Phenomena Those indicators in the PC and Meter which show that a Chain or process is ended. In Engram running It shows that basic on that Chain and flow has been erased.

Engram:

is a mental image picture of an experience containing pain, unconsciousness, and a real or fancied threat to survival. It is a recording in the Reactive Mind of something which actually happened to an individual in the past and which contained pain and unconsciousness, both of which are recorded in the mental image picture called an Engram. It must, by definition, have impact or injury as part of its content. These Engrams are a complete recording, down to the last accurate detail, of every perception present in a moment of partial or full unconsciousness.

Engram Clearing:

This is Ability Clearing Grade 5 - Engram Clearing. It uses Engram running by Chains, Routine-3-RA as its main process. It routinely lead to the state of Clear. There are other processes that will take the PC to the state of Clear in the case this doesn't happen. But they will have to be done under the guidance of a professional auditor/ case supervisor. Engram Running: Techniques used to run Engrams with. Also the activity of applying these techniques to a PC. Today the principal process used is R-3-RA.

Engram Running, 1950 Style:

Auditing out Locks, Secondaries and Engrams by using the original techniques of 1950.E/S, see Earlier Similar

Evaluate:

To judge and determine the meaning, correctness, value, and consequence of a datum (verb).

Evaluation:

1) Evaluation:

The act of evaluating. The result of something being evaluated (noun). A student has to evaluate the data studied. On the other hand he should not try to evaluate for somebody else. Each student should arrive to a result based on their own efforts. Only in this way will anybody achieve sufficient certainty.

2) In auditing: Telling a PC "what's wrong with him or why he is the way he is is incorrect. In auditing the auditor guides the PC to find explanations and solutions for himself. It is against the Auditors Code to evaluate for a PC in session. When a person is allowed to do his own evaluations he achieves greater certainty.

3) Any attempt by someone to impose his data or knowledge upon another. An example would be someone telling another why he is the way he is instead of permitting or guiding him to discover it for himself.

Flat:

No longer producing change or a reaction. Or, in Engram running, referring to an Engram, erased.

Flatten:

To continue to do (something) until it no longer produces a reaction.

Flatten a process: To continue a process as long as it produces change and no longer. In Engram running it is to continue running a Chain of incidents until basic on that Chain is reached and erased. With CCHs, it is three commands getting equal comm lag response with the PC doing the process.

Floating Needle: or F/N.

1. A floating needle is a certain needle behavior on a Meter. It is a harmonic motion sweep of the needle over the dial at a slow, even pace. A valid floating needle is always accompanied by very good indicators in the PC.



2) The idle uninfluenced movement of the needle on the Meter dial without any pattern or reactions in it. It can be as small as 1-inch or as large as dial wide. It does not fall or drop to the right of the dial. It moves to the left at the same speed as it moves to the right. It is usually observed on a Meter calibrated with the Tone Arm between 2.0 and 3.0 with good indicators in on the PC. It can occur after a cognition, Blowdown of the Tone Arm, or just moves into floating. The PC may or may not voice the cognition.

Floating TA:

The PC is so released the needle can't be gotten onto the dial. The needle is swinging wider than the Meter dial both ways from center and appears to lay first on one side and then the other. The Tone Arm can't be moved fast enough to keep the extreme floating needle on the dial.

Flow:

A stream of energy between two points. An impulse or direction of energy particles or thought or objects between terminals. In processing the auditor works with four main flows:

FLOW 1: something happening to self. Another doing something to you, *FLOW 2:* doing something to another. You doing something to another., *FLOW 3:* others doing things to others. You see it happen as a spectator, *FLOW 0:* self doing something to self. You do something to yourself.

Flunk:

1) To make a mistake. Fail to apply the materials learned. Opposite of pass. Also used by coaches as a command: "Flunk!", to tell the student a mistake was made.

Fly a Rud: Fly a rudiment:

The auditor must get a free needle (floating needle) on one of the rudiment questions (ARC breaks, PTPs, Missed Withholds.) This is done to get a PC ready to run a Major Action.

Folder:

A folder sheet of cardboard which holds all the session reports and other items related to one PCs auditing. The folder is A4 or Legal size file folder made of light cardboard.

Folder Summary:

Sheets located inside the front cover of a PC folder giving an adequate summary of actions taken on a PC in consecutive order. It gives the content of the PC folder. The auditing history session by session, if you will.

Good indicators:

(GIs): Those observable indications that all is going well for a PC. The PC is bright, happy and winning. PC smiling and happy.

Grade Chart:

This chart shows all the levels of Clearing Technology auditing and training. It is the map of the road to Clear.

Grade:

A series of processes culminating in an exact ability attained, examined, and attested to by the PC.

Gradient:

Something that starts out simple and gets more and more complex. The essence of a gradient is just being able to

do a little bit more and a little bit more and a little bit more until you finally make the Grade.

Grinding (Grinding out):

Going over and over and over a Lock, Secondary or Engram without obtaining an actual erasure. The sense of the word comes from the action of using an emery wheel on a hard substance with it not getting much smaller or thinner no matter how long it is done. It specifically applies to Engram running. It's a bad indicator.

Handwriting Drill:

If the C/S can't read the worksheets due to bad handwriting or lack of data he sends the folder back to the auditor for clarification. The auditor should overprint unreadable words with a red pen. The C/S sees to that his auditors catch up on writing understandable reports the first time and can have them train in handwriting drills to catch up on speed and clarity. The auditor should not have to spend a lot of time after session clarifying worksheets. He simply have to drill to write fast and readable, keep to essentials and quickly clarify worksheets after session. He may have to work on his handwriting letter for letter to make it easier to read.

Havingness:

The concept of being able to reach. Owning, possessing, experiencing. Affinity, reality, communication with the environment.

In:

Things which should be there and are or should be done and are, are said to be "in," i.e., "We got scheduling in."

Incident:

The recording of an experience, simple or complex, related by the same subject, location or people understood to take place in a short or finite time period such as minutes or hours or days.

In-session:

Interested in own case and willing to talk to auditor.

Interest: is absorbed attention and a desire to talk about it.

Invalidation:

Means a degrading, 'trashing', ridiculing, discrediting or denying something someone else considers to be a fact or of value.

Is-ness:

Something that is persisting on a continuum.

Item:

Any one of a list of things, people, ideas, significances, purposes, etc., given by a PC to an auditor while listing; any separate thing or article; in particular, one placed on a list by a PC.

Itsa:

A term made from "It is a"; a term for a PC's action of answering an auditor's question in which the PC positively identifies something with certainty.

Itsa-maker line:

Communication line from the PC to his own Bank. The PC is inspecting his Bank and is somewhat introverted. It's the most important part of the auditing comm cycle as the PC is confronting his Bank and finding answers.

Key in:

Is a moment where an earlier upset or earlier incident has been restimulated and affect PC in a negative way. The action of recording a Lock on a Secondary or Engram; the moment an earlier upset or earlier incident has been restimulated.

Key out:

The action of a reactive incident (or many related incidents) dropping away without the mental image pictures being erased. The picture is still there but now far away. The PC feels released or separate from his Reactive Mind or some portion of it. An action of an Engram or Secondary dropping away without being erased. Released or separate from one's Reactive Mind or some portion of it.

Know-to-Mystery Scale:

The scale of affinity from Knowingness, down through Lookingness, Emotingness, Effortingness, Thinkingness, Symbolizingness, Eatingness, Sexingness, and so through to Not-knowingness to Mystery.

L1C: Repair List used by auditors in session when an upset occurs, or as ordered by C/S. It handles ARC Broken, Sad, hopeless or nattery PCs. Questions can be prefaced with "Recently", "In this life", "On the Whole Track", or used without. It is not to be used to handle high or low TA.

L4 Short: (L4): This is a short version of list correction. It contains all the most common errors. It is valid on listing in progress or recently done. If it doesn't resolve the difficulties a full L4BRB can be used (see below).

List: As part of auditing procedure:

Items given by a PC and written down by the auditor. Prepared List: A printed form with questions used for assessment on a PC.

Listing:

A special Ability Clearing procedure used in some processes where the auditor writes down items said by the PC in response to a question by the auditor, in the exact sequence that they are given to him by the PC.

Listing and Nulling: (

L & N):

An Ability Clearing procedure in auditing done according to very exact rules as given in the Laws of Listing and Nulling. This is taught on Ability Clearing-3.

Locational processing:

1) Processing which establishes confront and communication with the environment. It brings the person into present time; he becomes more alert and responsive. It can be run on one PC or on a whole class of students at the same time with benefit. 2) Processing which establishes a stability in the environment of the PC on the subject of objects and people. It can be run in busy thoroughfares, parks, confused traffic or anywhere that there is or is not motion of objects and people. It is used in the auditing room itself to orient the PC.

Major Action:

any auditing action designed to change a case or general considerations or handle continual illness or improve ability. This means a process or even a series of processes like four flows. It doesn't mean a Grade. It is any process the case hasn't had.

Mental mass:

is contained in mental image pictures.

1) Mocking up matter, energy, space and time. Its proportionate weight would be terribly slight compared to the real object which the person is mocking up a picture of.

2) Mental matter, energy, space and time. It exists in the mind and has physical existence, that can be measured by a Meter. Its proportionate weight would be terribly slight compared to the real object which the person is making a picture of. The Meter registers mental mass; changes of the position of the needle indicates changes of the mass in PCs mind.

Mental image pictures: (MIP):

Mental pictures; facsimiles: a copy of one's perceptions of the physical universe of some time or incident in the past. It can also be mock-ups, meaning produced by the thetan with his imagination and not a copy of an actual incident.

Mental pictures:

Facsimiles and mock-ups; usually a copy of one's perceptions of the physical universe sometime in the past.

MEST:

Word coined from the initial letters of Matter, Energy, Space and Time; the physical universe and its component parts; also used as an adjective in the same sense to mean physical, as in "MEST universe," meaning "physical universe."

Method 3: (M3 Assessment):

An Assessment in which each reading question is taken up and handled with the PC when it is seen to read and before continuing the Assessment.

Method 5: (M5 Assessment):

Assessing a prepared list once through marking the length and Blowdown of all reads as they occur when the questions are asked of the PC. Those questions which read are then handled one at a time in order from the largest read to the smallest.

Mind:

A control system between the thetan and the physical universe. It is not the brain. The mind is the accumulated recordings of thoughts, conclusions, decisions, observations and perceptions of a thetan throughout his entire existence. The thetan can and does use the mind in handling life and the physical universe.

Misemotion:

Anything that is unpleasant emotion such as antagonism, anger, fear, grief, apathy or a death feeling; mis-aligned emotion, irrational or inappropriate emotion. Misemotion is also emotion which has been suppressed and which remains part of the individual's Locks and Secondaries unless he is audited.

Missed Withhold: (M/W/H):

A Withhold, which has been *restimulated* by another but not disclosed. This is a Withhold which another person *nearly* found out about, leaving the person with the Withhold in a state of wondering whether her hidden deed is known or not. The *Missed Withhold* is different from the Withhold as the PC's main worry is, if the other person found out or not. The action of the other to *nearly* find out or *maybe* he found out or guessed it is why it's called a *Missed Withhold*.

Mock-up:

Any "knowingly created" mental picture that is not part of a Time Track; can be used as noun: "It's a mock-up" or a verb: "to mock-up something".

Model Session:

The same exact pattern and script with which Ability Clearings sessions are begun and ended.

Motivator:

Actions which were directed against the PC by others or another, used by him to justify (used as a "motive" for) Overts; an aggressive or destructive act received by the person.

Not-is, Not-is-ness, Not-is-ing:

The effort to reduce an unwanted condition of existence by force. It can cause the person 'to forget about it' or make a thing look smaller, but does not handle the underlying difficulty. See also As-is

Null:

- 1) To nullify or to reduce the value or effect of something to nothing.
- 2) means there was no reaction of the needle on the needle dial of the Meter when the auditor had asked a question of the PC; or simply it didn't read.

Nulling:

The auditor's action in saying items from a list to a PC and noting the reaction of the PC's Bank on a Meter.

- 2) In Listing & Nulling: The auditor reads back the list of items the PC just gave him in order to find only one item

that is still reading. This is done under the Laws of L&N.

Objective Processes:

Ability Clearing Level 1 processes which familiarize a person with his environment, the physical universe. Objective processes increase a PC's control, communication, and havingness on the environment.

Obnosis:

A word put together from the phrase, "observing the obvious."

Op Pro by Dup:

Opening procedure by duplication. A process which increases the PC's ability to duplicate and so increases his ability to communicate. A type of objective process.

Origination: In auditing:

A remark or statement from the PC, that concerns his ideas, reactions or difficulties. It is something he says, that is important to him, but isn't an answer to the auditor's question. It usually comes unexpectedly. It is different from a comment, that is defined as an attempt to distract auditor or an attempt to blow session. An auditor is trained in handling originations on TR-4.

Out:

Things which should be there and aren't or should be done or aren't are said to be "out," i.e., "Enrolment books are out."

Overrun:

- 1) Continuing to run an auditing action (in error) past the PC's attainment of its end phenomena. A person can also be overrun on things in life outside of auditing. This is doing something too long that has Engrams connected with it. As a result Engram Chains are being restimulated by life or auditing.
- 2) Accumulating protests and upsets about something until it is just a mass of stops.

Overt:

- 1) Overt act; an Overt is an aggressive or destructive act by the individual against one or more of the eight dynamics (self, family, group, mankind, animals or plants, mest, life or the infinite).
- 2) A harmful act. A bad deed. An Overt act is an act of omission or commission which does the least good for the least number of dynamics or the most harm to the greatest number of dynamics.
- 3) An aggressive or destructive act by the individual against one or more of the eight dynamics
- 4) That thing which you have done to others, but you aren't willing to have happen to yourself.

Overt-Motivator Sequence: or O/M: Overt Motivator):

- 1) The reactive series of events in which someone who has committed an Overt "has to" claim the existence of motivators (acts by others against self). Motivators are thus used to justify Overts and tend to be used to justify further Overts.
- 2) A chain of events of 'pay-back' or revenge that gets worse and worse.
- 3) See preclear.

Postulate:

A conclusion, decision or resolution made by the individual himself; to conclude, decide or resolve a problem or to make a plan or set a pattern for the future or to nullify a pattern of the past (like in New Years resolutions). We mean, by postulate, a self-created truth. A postulate is, of course, that thing which the individual uses to start a directed desire or order, or inhibition, or enforcement; it is in the form of an idea. Postulate means to cause a thinkingness or consideration.

Preclear: (PC):

From pre-Clear, a person not yet Clear; generally a person being audited, who is thus on the Road to Clear; a person who, through Ability Clearing processing, is finding out more about himself and life.

PC Information Sheet:

A form done with new PCs, or PCs who haven't been audited for some time (years). Doing the Form with a PC gives certain basic data that is necessary for the Case Supervisor. It is done by an auditor in session.

Prepared List:

The auditor, trained in using a Meter, can use prepared (printed) lists to find the specific problem or difficulty he needs to address to get the PC out of an unpleasant or puzzling situation in session. The list will contain all the possible difficulties for that action and the Meter will tell the auditor which ones to take up. A prepared list may turn up one thing or many things, that should be tackled before the routine process should be taken up again. Prepared lists can also be used to address a troubling area of PCs life and 'clean it up'.

Prep-check:

An auditing action in which a subject found to be charged is discharged by the use of a prepared list of buttons (called the Prep-check Buttons). Buttons such as 'Suppressed', 'Invalidated', 'Didn't Reveal', etc. are used to find charge and reactivity connected with the subject being prep-checked. There are 20 Prep-check buttons on the list.

Present Time Problem: (PTP):

A specific problem that exists in the physical universe now, on which a person has his attention fixed. This can be practical matters he feels he ought to do something about right away. Any set of circumstances that occupies the PCs attention, so he feels he should *do* something about it instead of being audited.

Problem:

Anything which has opposing sides of equal force; especially postulate-counter-postulate, intention-counter-intention or idea-counter-idea; an intention-counter-intention that worries the PC.

Process:

A specific technique used in auditing (processing). There are many processes. They consist of carefully worded questions and commands. They are used by an auditor in a formal session to help his PC.

Program:

A program is the overall plan of auditing of a specific PC. A program is the sequence of actions session by session to be undertaken on a case by the C/S in his directions to the auditor or auditors, auditing the case.

Psycho-somatic:

"Psycho", of course, refers to mind and "somatic" refers to body; the term psychosomatic means the mind making the body ill or illnesses which have been created physically within the body by derangement of the mind.

Quad Flows: (Quads):

(Four Flows) To run a process Quad Flows means, the four flows--another to self, self to another, another to another, and self to self --are run on a PC by an auditor.

Q and A: (Q&A):

Stands for Question and Answer. A failure to complete a cycle of action; to fail to complete a cycle of action; to deviate from an intended course of action; questioning the PC's answer; in auditing, it's a failure to complete a cycle of action on a PC.

Quickie:

Means omitting actions, for whatever reason, that would satisfy all demands or requirements and instead doing something superficially and accomplish less than could be achieved.

Reactive Mind:

The portion of the mind which works on a stimulus-response basis (given a certain stimulus it will automatically give a certain response) which is not under a person's volitional control and which exerts force and power over a person's awareness, purposes, thoughts, body and actions. The Reactive Mind never stops operating. Pictures of the environment, of a very low order, are taken (recorded) by this mind even in some states of unconsciousness.

Read:

The action of the needle on the Meter dial falling (moving to the right); SF, F, LF, LFBD are reads.

Reality:

Has to do with agreement (or lack thereof). It is the agreed upon apparency of existence. A reality is any data that agrees with the person's perceptions, way of thinking and education. Reality is one of the components of understanding. Reality is what is.

Recall:

Present time remembering something that happened in the past. It is "not" re-experiencing it, reliving or re-running it. You are in present time, thinking of, remembering, putting your attention on something that happened in the past --all done from present time.

Rehabilitation (Rehab):

The restoration of some former ability or state of being or some more optimum condition.

Release:

A PC whose Reactive Mind or some major portion of it is keyed out and is not influencing him. In Ability Clearing processing there are five major Grades of Release. They are, from the lowest to the highest: Grade 0, Communications Release, Grade 1, Problems Release, Grade 2, Relief Release, Grade 3, Freedom Release, Grade 4, Ability Release. Beyond that other Grades have been developed: Grade V Power Release, Grade VA Power Plus Release, Grade VI Whole Track Release.

These additional Grades are unnecessary if PC goes Clear on Engram Clearing. Each is a distinct and definite step toward greater levels of awareness and ability. (See also Grade).

Religion:

1. The ritual of worship or regard about spiritual matters. 2. A study of wisdom. 3. The word religion itself can embrace sacred lore, wisdom, knowingness of gods and souls and spirits, and could be called, with very broad use of the word, a philosophy. We could say there is religious philosophy and there is religious practice.
2. Religious Philosophy, implies study of spiritual manifestations: research on the nature of the spirit and study on the relationship of the spirit to the body; exercises devoted to the rehabilitation of abilities in a spirit. Religious Practice, implies ritual, faith-in, doctrine based on a catechism and a creed.

Repair:

Patching up past auditing or recent life errors. This is done by prepared lists and other processes or completing an incomplete process.

Repetitive Process:

A process, where the same auditing question or command is given many times to the PC. The PC is finding new answers every time. The auditor will state the command as it has never been asked before in a new unit of time, but with no variation of words; he will acknowledge the PC's answer and handle the PC origins by understanding and acknowledging what the PC said. This type of process will permit the individual to examine his mind and environment thoroughly and sort out relative importance's.

Restimulation:

Condition in which part of the Bank has been "triggered" by something in the person's environment (a restimulator) causing some greater or lesser degree of reactive behavior or condition; doing something unknowingly, unwittingly and without any understanding of what one is doing.

Review:

When a PC is having difficulty of some sort that is not immediately resolving with the actions being done, he may be sent to Review, where his case folder is carefully checked over or "reviewed" and the necessary corrective actions then taken to resolve the difficulty.

R-Factor:

Reality factor; explanation, information, data, etc., given to a person in order to bring about sufficient understanding for him to be able to perform a specific action. It is usually very short, like a few sentences.

Roller coaster: 1. A case that betters and worsens. A roller-coaster is always connected to a suppressive person and will not get steady gains until the suppressive is found on the case or the basic suppressive person earlier. Because the case doesn't get well he or she is a potential trouble source to us, to others and to himself.
2. Case gets better, gets worse, gets better, gets worse.

Rudiments:

First principles, steps, stages or conditions. The basic actions done at the beginning of a session to set up the PC for the major session action. The normal rudiments are ARC breaks (upsets), Present Time Problems (worries) and Withholds (something PC feels he shouldn't say) - they are explained under each heading.

Rundown (R/D, RD):

A series of specific auditing actions done on a case designed to produce a specific result.

Scientologist

1. one who betters the conditions of himself and the conditions of others by using Scn technology.
2. one who controls persons, environments and situations. A Scientologist operates with the boundaries of the *Auditor's Code* and the *Code of a Scientologist*.
3. one who understands life. His technical skill is devoted to the resolution of the problems of life.
4. A specialist in spiritual and human affairs.

Secondary:

A Secondary is a mental image picture of a moment of severe and shocking loss or threat of loss which contains misemotion such as anger, fear, grief, apathy or "deathfulness." It is a mental image picture recording of a time of severe mental stress. It may contain unconsciousness.

Self-Determinism:

The ability to regulate and take responsibility for one's own considerations and actions; motivation by the thetan rather than by the environment.

Service Computation: or Service Facsimile:

Serv Fac, a Ability Clearing Level 4 term. The service computation is that computation generated by the PC (not the Bank) to make self right and others wrong; to dominate or escape domination and enhance own survival and injure that of others.

Session:

- 1) A precise period of time during which an auditor audits or processes a PC. That's an auditing session.
- 2) In coaching it is a precise period during which the coach instructs the student in a specific drill using his coaching instructions and written materials to correct the student. That's a coaching session.

Slow Assessment:

means letting the pc itsa while assessing. This consists of rapid auditor action, very crisp to get something that moves the TA and then immediate shift into letting the pc itsa during which, "Be quiet!" The slowness is overall action. It takes hours and hours to do an old preclear assessment form this way but the TA flies.

Stable Datum:

Any body of knowledge, more particularly and exactly, is built from one datum. That is its stable datum. Invalidate it and the entire body of knowledge falls apart. A stable datum does not have to be the correct one. It is simply the one that keeps things from being in a confusion and on which others are aligned.

Terminal:

Anything that can receive, relay or send a communication (most common usage); also, anything with mass and meaning. "Terminal" means in our language "the end point of a communication line". It can be a person or a thing.

Theta:

Energy peculiar to life or a thetan which acts upon the material in the physical universe and animates it, mobilizes it and changes it; natural creative energy of a thetan which he can direct toward survival goals, especially when it manifests itself as high-toned constructive communications.

Thetan:

From THETA (life static), a word taken from the Greek symbol or letter: theta, traditional symbol for thought or spirit. The thetan is the individual himself--not the body or the mind. The thetan is the "I"; one doesn't have or own a thetan; one is a thetan.

Time Track:

1) The endless record complete with 55 perceptions of the PC's entire past; the consecutive record of mental image pictures which accumulates through the PC's life or lives. It is very exactly dated.
2) The consecutive record of mental image pictures which accumulates through the PC's existence. The *Time Track* is a very accurate record of the PC's past, very accurately timed and very obedient to the auditor. If a motion picture film were 3D, had fifty-two perceptions and could fully react upon the observer, the *Time Track* could be called a motion picture film.

Tone 40:

Intention without reservation or limit; an execution of intention.

Tone scale: The basic tone scale is a scale of emotions, from apathy to enthusiasm. Different levels of the tone scale have other characteristics visible in behavior and as potential survival (see also Uptone).

Touch Assist:

An assist that brings the person's attention to injured or affected body areas. When attention is withdrawn from them, so is circulation, nerve flows and energy, which for one thing limits nutrition to the area, and for another limits the drainage of waste products. Some ancient healers attributed remarkable flows and qualities to the "laying on of hands." Probably the workable element in this was simply heightening awareness of the affected area and restoring the physical communication.

Training Routines: (TRs): Training drills:

on Ability Clearing courses which train students to perfect their communication skills to the level needed by an auditor in session. The TRs take up and drill the component parts of communication. Good TRs are the 'Carrier wave' needed to make processes work. Specific auditor skills in communication and smooth session control are gained in doing the TRs.

Two-way communication (TWC, 2WC, Two-way comm):

Are the precise process of getting somebody to open up and give emotional or personal information about himself. It is not chatter. It is governed by the rules of auditing.

Understanding:

Composed of affinity, reality and communication. These three things are necessary to the understanding of anything. One has to have some affinity for it, it has to be real to him to some degree and he needs some communication with it before he can understand it. Greater understanding comes about by increasing any one of these three factors.

Upper Indoctrination TRs (Upper Indoc's): Purpose of these four training drills is to bring about in the student the willingness and ability to handle and control other people's bodies and to cheerfully confront another person while giving that person commands. Also to maintain a high level of control under any circumstances.

Uptone:

At a high level of survival or state of being, plotted on the tone scale. A person who is uptone, or high-toned, has a

greater ability to handle his facsimiles, to control his environment and has a greater degree of survival than someone who is downtone, or low-toned.

Valence:

Is the assumption at the reactive level by one individual of the characteristics of another individual. An individual may have a number of valences which he puts on and off as he might hats. Often these changes are so marked that an observant person can notice him dropping one valence and putting on another. The shift from valence to valence is usually completely outside the awareness and control of the individual doing so. In other cases an individual has one valence, not his own, in which he is thoroughly stuck.

Whole Track:

Time Track. The moment to moment record of a person's existence in this universe in picture and impression form.

Withhold:

An undisclosed harmful (contra-survival) act. After having committed an Overt, the person wants to keep it hidden or secret. So he/she withholds the Overt.

Worksheet: (W/S: WS):

The sheets on which the auditor writes a complete running record of the session from beginning to end, page after page, as the session goes along.

~oo00oo~



**Quote from
L. Ron Hubbard**

“No culture in the history of the world save the thoroughly deprived and expiring ones, have failed to affirm the existence of a Supreme Being.”

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