



# FREE THETAN

NEWSLETTER OF THE INTERNATIONAL  
FREEZONE ASSOCIATION

*Preserve, Protect & Promote*

January 2010

Volume 1 Issue 1

## *THE JOY OF CREATING*



*FORCE YOURSELF TO SMILE AND YOU'LL SOON STOP FROWNING.*

*FORCE YOURSELF TO LAUGH AND YOU'LL SOON FIND SOMETHING TO LAUGH ABOUT.*

*WAX ENTHUSIASTIC AND YOU'LL VERY SOON FEEL SO.*

*A BEING CAUSES HIS OWN FEELINGS.*

*THE GREATEST JOY THERE IS IN LIFE*

*IS CREATING.*

*SPLURGE ON IT!*

*L. RON HUBBARD (HCOB 25 AUG 1982, ART SERIES 10, THE JOY OF CREATING)*

# FREE THETAN

## NEWSLETTER OF THE INTERNATIONAL FREEZONE ASSOCIATION INC.

**FREE THETAN**  
**Volume 1 Issue 1 January 2010**

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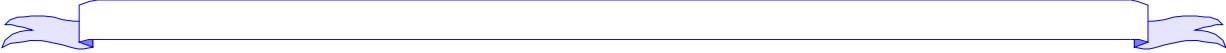
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***The International Freezone Association***  
***The New Renaissance of Beingness***  
***Preserve, Protect & Promote!***

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***Lafayette Ron Hubbard Quote***

***“...Today the bulk of the human race is walking around with the belief that there is something wrong somewhere but they don’t quite know what it is.”***  
***The Auditor 36***





~~ Editorial ~~

*reservo , servo , proveho*

## Dear Reader,

This is the first issue of the FREE THETAN. A monthly newsletter from the International Freezone Association Inc (IFA).

The IFA was started some 7 years ago and has since grown from one small website to a large international association of like minded independent scientologists keen to uphold the standard of application of the philosophy Lafayette Ron Hubbard research, instituted and developed over the years he was alive.

Currently we have members spread all over the globe from the USA to Australia, from the UK and Europe, to South Africa and Singapore and many other countries and far away places.

The IFA provides a useful service to it's members such as vast library of reference materials, Their own Quarterly Journal, the FREE THETA, with many useful quotes, articles and other services, and maintains around 10 websites, each with a specific purpose and providing a specific service. A list of the websites is provided at the back of this Newsletter.

The IFA purposes and goals are outlined on the main website <http://internationalfreezone.net> along with a history and lots of other interesting information.

I do hope you enjoy this newsletter and feel encouraged to find out more about the philosophy and applied technology of the real scientology.

Best wishes,

Michael Moore  
President  
International Freezone Association Inc

### FREE THETA

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## *The Aims of Scientology and the IFA*

*Lafayette Ron Hubbard first issued the 'Aims of Scientology' which of course still stands. Yet, despite holding a copyright on these aims the Church of Scientology, RTC and the CST do not appear to be following these aims fully. Therefore it behooves us to take some responsibility and set out our aims, based upon the aims that Ron first envisaged as something which we can honestly strive to attain.*

*We therefore stated below:*

### **The Aims of the IFA**

To contribute towards having a sane society by the promotion, expansion and application of the technology to the point where people can live their lives in peace and security and without war or insanity and where they can honestly flourish and prosper and attain higher levels of spiritual being.

The IFA is non political in nature and welcomes any individual of any creed, race or nation.

The IFA does not seek revolution. The IFA seeks only to assist in paving the way for evolution to higher states of being for the individual and for society. After endless millennia of ignorance about himself, his mind and the universe, a breakthrough has been made for man by Lafayette Ron Hubbard with the philosophy and the technology he developed to free man from the shackles of his mind.

According to Lafayette Ron Hubbard, "The combined truths of fifty thousand years of thinking men, distilled and amplified by new discoveries about man, have made for this success."

We welcome you to the IFA We would like your help in achieving our aims and helping others and we hope to be able to help you in return.

The original working technology of Lafayette Ron Hubbard is the most vital movement on Earth today. In a troubled world, the job of promoting and applying this technology is not easy. But then, if it were, we wouldn't have to be doing it.

The IFA does not owe its help not having done anything to caused it to propitiate. We are here because we want to be here and we want to assist Ron in his aims.

#### **As Ron says:**

"Man suspects all offers of help. He has often been betrayed, his confidence shattered. Too frequently he has given his trust and been betrayed. We may err, for we build a world with broken straws. But we will never betray your faith in us so long as you are one of us.

The sun never sets on Scientology.

And may a new day dawn for you, for those you love and for man.

Our aims are simple, if great.

And we will succeed, and are succeeding at each new revolution of the Earth.

Your help is acceptable to us.

Our help is yours."

'The Aims of Scientology' -- Lafayette Ron Hubbard

~oo00oo~

## Safeguarding

### Scientology

"People have following the route mixed up with "the right to have their own ideas." Anyone is certainly entitled to have opinions and ideas and cognitions—so long as these do not bar the route out for self and others.



Scientology is a workable system. It white tapes the road out of the labyrinth. If there were no white tapes marking the right tunnels, Man would just go on wandering around and around the way he has for eons, darting off on wrong roads, going in circles, ending up in the sticky dark, alone.

Scientology, exactly and correctly followed, takes the person up and out of the mess. So when you see somebody having a ball getting everyone to take peyote because it restimulates prenatals, know he is pulling people off the route. Realize he is squirreling. He isn't following the route.

Scientology is a new thing—it is a road out. There has not been one. Not all the salesmanship in the world can make a bad route a proper route. And an awful lot of bad routes are being sold. Their end product is further slavery, more darkness, more misery."

L. Ron Hubbard (HCOPL 14 Feb 1965, Safeguarding Technology)

~oo0oo~










## **CERTIFIED AUDITORS & GROUPS**

**This list of auditors and groups here have been ratified and certified  
As delivering On Source Standard Technology.**

These Auditors and groups have requested and gone through an exacting certification process that validates their abilities and expertise. See [Certification](#) for further details.

### Groups, Organisations & Individual Auditors

Country	Region or State	Name	Contact email/phone	Tech Training Level	Admin Training Level	Services Delivered	IFA Certified
Canada	Toronto	Chris Black	<a href="mailto:standardtechauditor@yahoo.ca">standardtechauditor@yahoo.ca</a>	Class VIII C/S, KOT,	DSEC	Purif C/S; Life Repair To Clear Auditing & C/Sing OT reviews & C/Sing, FPRD; Debugs & more.	
UK	South East	Vicky Ballard	<a href="mailto:vballarduk@yahoo.co.uk">vballarduk@yahoo.co.uk</a>	Solo NOTs	To Be Advised	L/R to Clear+DCSI OT reviews and OK to audit NOTs all with a Class 12 C/S	
USA	North West	<a href="#">Anita &amp; Les Warren</a>	<a href="http://www.lifeimp.com">www.lifeimp.com</a>	Classed Auditors	To Be Advised	All up to Class IV, NED, Solo Purif, PRD, Basic Courses	
USA	South East USA	Mark List	<a href="mailto:beachniks@yahoo.com">beachniks@yahoo.com</a>	Class VIII	OEC, DSEC	Qual and CS services	
USA	Los Angeles USA	<a href="#">Trey Lotz</a>	<a href="mailto:trey@relaypoint.net">trey@relaypoint.net</a>	Class VIII	To Be Advised	Standard LRH Bridge up to Clear, NOTs, Ls	
USA	West	<a href="#">Roy Selby NorthWest Field Auditor</a>	<a href="mailto:roy_slby@yahoo.com">roy_slby@yahoo.com</a>	Grad V certified	OEC, FEBC	Auditing to Class IV, Counselling to OT III	
USA	North East. Will travel	<a href="#">Ken Urquhart</a>	<a href="mailto:urg@verizon.net">urg@verizon.net</a>	Class IV Advance Courses Specialist. Class IX	To Be Advised	Internships, apprenticeships and Okay-to-Audits Class V	

Please note: The International Freezone Association receives no commercial interest direct or otherwise from any of the people listed above. The IFA does not recommend any particular auditor listed and this list is provided on an informative basis only. Each individual is responsible for their own integrity and case.

## *Success Stories from the Scientology Freezone*

### **Training**

#### **Communication Course**

The Communication Course we took was amazing. I wasn't totally sure how the drills worked and how they were supposed to be run. I dreaded them because I knew I had to sit in a chair and stare at someone. Les delivered them in such an eye-opening way that they turned out fun. I enjoyed them and what I learned. The way Les delivered the course made things thoroughly enjoyable. I feel I now have tools for better communication with people. I can't wait to learn more! Les and Anita both provide an excellent learning and gaining environment! What a comfort! KD

With my Communication Course drills I finally totally understand each and every one of them and they come automatically to me out in the world instead of trying to think about them to apply them. Everything that comes my way is easy to handle now without any stress. RD

I have just completed my Communication Course. This was an awesome cycle. It started with a life changing realization: Continuing to drill and actually get it as opposed to drilling to satisfy someone else, has been cool. Get this: Until this cycle I never knew it was ok to use ARC, and lots of it, blended in with the intention. Here's a mind blower too: TRs supervised properly, produced a more able and "in ARC" happy being and not a robotic parrot. God, I love this place and their standard tech!!!! JS

I feel that through the Communication Course

that I can comfortably confront and handle situations that come my way. Also, this course has given me the knowledge to understand and acknowledge others. LL

#### **Dianetics Course**

Wow! My daughter and I just returned from the best training experience we have ever had. We went to a new training facility on the west coast that is being run by some highly trained, very, very experienced techies—auditors and C/Ses. They run a first class training facility. Although they do deliver auditing, their first priority is training. The tech is being delivered standardly—in the correct order as LRH directed—with NED being the entry point to both auditing and the Bridge.

To study NED properly, we followed a 1978 New Era Dianetics Course Checksheet, which included the Purification (if adjudicated as necessary by the C/S), TRs, Objectives and Upper Indoc's, E-Meter Drills, and the NED bulletins and drills. The NED checksheet has since been redesigned at the training center so that the order of study is correct, all terms are defined, and the missing data has been filled in.

Because we were from the east coast, my daughter (who was not trained) and I studied at home prior to going out to the training center. We had both previously completed our Purifs, TRs, Objectives and Upper Indoc's. I had done many sets of e-meter drills on my previous training, but my daughter had not, so we did her e-meter drills, the bulletins, the clay demos, and all but the final drills and check-outs right at home. Those we did at the training center.

I told the guys at the training facility that we would take 4 weeks out of our schedules with the goal of auditing NED standardly by the time we left. Our part was to arrive at the train-



ing facility ready to start final drilling, and we did. The final product was to be able to deliver NED standardly at the end of the 4 weeks. **THIS TRAINING FACILITY DELIVERED!!!** No extensions. No, "it takes as long as it takes". The training was delivered by highly trained, very, very experienced techies—auditors and C/Ses—and they made sure we got it in that time with a lot of THETA, laughing, and all out fun.

What a difference this was from the experiences my daughter and I had training as members of the TTC. We had fun—loads of fun as we drilled, read bulletins, asked questions and shared realizations about training and auditing. We laughed. Training was pleasant. We didn't worry about making mistakes—correction was pleasant. Our Instructs/Pink Sheets did not feel like punishment or cramming, but rather opportunities to sit down with experienced auditors to see where and why we had gone wrong and to then re-read or read a new bulletin and drill under their guidance.

We spent the first two weeks at the center doing three mini courses that set us up for auditing. I can say that those mini courses were well worth the time. They covered the fundamentals of auditing in a way the church did not. The emphasis was on a really good comm cycle with the PC. No out-tech GOLDEN AGE OF TECH drills. NO ROTENESS. Then we did our final NED Drills. And within 2 ½ weeks of



arriving, we were auditing. We were in the chair doing it—auditing NED, with one of those highly trained techies sitting right there beside each of us as we audited the other, handing the auditor notes, guiding each of us through our sessions, almost like helping support a child in water while he learns to swim. By the time we left, we were on our own and auditing well. Both of us had great wins—both as auditors and PCs. It was fantastic to sit in the chair as the auditor in front of the meter and watch the charge coming off. And it was

great to be on the other side as a trained PC and get rid of the charge. This is the way training was meant to be, as I believe Ron wanted it to be—fun with improvement coming from time spent in the chair auditing. It was fantastic, soooo, different from being in training in the course room at the org.

I also understand now why one really learns to audit on NED. We both had to handle the bank

and many of the manifestations of the bank while running NED on each other. We watched TA go up and down, way up and down, and really move in a way I never saw the TA move doing my student auditing on the Grades. I experienced my track opening up running NED and found that the reason for some of the incredible charge I have had really came from way back on the track. I also watched as my PC/co-auditor ran out of incredible amounts of charge doing Narrative R3RA Quad.

This was a fantastic place to train. We studied and audited out under the trees overlooking a wonderful valley with a breeze playing across our bodies, tables, etc. The other students were very theta—some at the beginning of their training on NED and some getting ready to do solo auditing. This training facility handles it all—from CCHs all the way up through the OT Levels. My co-auditor and I are on our way, now auditing at home, working with a C/S, and intend on doing many, many hours on many chains on NED. We plan to do our Grades and our OT Levels with these guys at the center. THIS WAS THE BEST TRAINING EXPERIENCE EITHER OF US HAS EVER HAD.  
Gail Sorace

## Auditing

### Repair and set up Auditing Successes

I am just speechless--all the crap that had been flowing through my head is just gone! I am now able to have or not have. It just doesn't matter anymore. My viewpoint has totally changed. I am now finding myself removing negativity and replacing it with positive thoughts and action! I am definitely more relaxed. It seems difficult for my body to adjust itself without all the weight on it! Since being clear I have never had the desire to move onto the OT Levels. I definitely felt that I was not prepared or ready. This action has moved me out of that and now I am looking forward (with joy) to the OT Levels. I would like also to acknowledge my auditor (Les) as the best auditor period!! I have had endless hours of auditing and now for the first time I have found myself in full control of my sessions! Thank you, Les, for granting me that beingness! I could go on and on about all the wins this cycle has created but I think I will just hold onto them! Thanks you! Besides, I found out that I'm kind of clever, like my auditor, and I like myself. :-)  
) !!! JD

Les and Anita--Thanks. Thanks for making it a safe space where I could finally finish off something that I started years ago and wondered if I would ever be able to finish. Now I am finally ready to get on with the next thing. Steve South from the Dallas area, permission to publish.

### Drug Rundown

WOW Trey!

I can't believe how much my life has changed after such a small portion of auditing! Ever since I finished my Drug Rundown it's like I'm very certain about my decisions in life again. All of the awful decisions I had impinged on myself while influenced under different drugs are GONE. Things that were effecting me on a massive scale that I did not even know about are completely under my control. I feel totally different... Problems that occur seem to just roll off my back... Things that would normally upset me don't seem all that big of a deal anymore and how can I get along with people a lot better. I really feel a sense of interest in getting to know people and talking to them. I see the good in situations a lot more now and don't seem to put much attention on the bad. And my finances? In the 2 days I have been back I have already made what I spent on the auditing! I felt very able to make things go right and came back and handled several things that I had been procrastinating with for several months. I have this huge sense of well being and certainty with life and myself in terms of knowing that there's so much more progress available... I am incredibly excited to come up to LA! Thank you Thank you THANK YOU!!!  
Jeff

### Objectives Rundown

No doubts or reservations, what to say? I can see in more detail of patterns and stuff. Would be interesting to see over the next few weeks. Feels like there is mass that is blown, comfortable, relaxed. I feel more in present time and in

communication with my environment. I am eager to see how this will play out once I go home and get back to day to day life.

JL

### **ARC Straightwire**

That is good, I guess it can be! I know that. That is so funny, who wants not to get any worse?n Felt Great! I'm very glad I did this processing,. It's good to know that you're not getting any worse. And I know I am one step closer to Clear!!! Thank you, Frank! Lucy

### **Objectives Rundown**

I am good with this. I am sure that this has opened the door to a WAAAY better life for ME! I have a greater understanding of what the tech can do for myself and others. I feel lighter and more ABLE. thanks to my auditor and friend Frank Davis. MM

### **Dianetic Drug Rundown**

I have just completed my Dianetics Drug Rundown and after doing so the obvious is true! I enjoyed every single session, even the difficult ones. I remembered many, many different things along the way, things old and very old - incidents, memories, feelings, places, and people. In doing my Dianetics Drug Rundown I have gained reality on all of that - my history as a being! Drugs and incidents from a while back have been as-ised and now I can continue up the Bridge. Thank you to my auditor and to LRH for his gifts to mankind. MR

### **Dianetic Relief Run Down**

This rundown was different than I expected. It was fun and very A to B for me. I felt like I could just talk with no evaluation or invalidation and I could just experience relief by just expressing what I felt. Thank you to my auditor, thank you LRH. MR

### **Grade 0**

I picked up a point where I had made a decision as a young child and that decision, which made sense at the time, really affected the way I have been handling life--be careful, don't get close, keep quiet, don't say anything that will get you in trouble, etc--gone. Somewhat scary as I hide behind those things at times. What we did with the grade zero processes cleaned up a lot of areas I had my attention on--brought my affinity up, forgave myself really widened the FN. Thanks. SS

### **Grade 1**

Peace and calm--when you are playing the "human" game you are supposed to be "worried," "concerned," "struggling, " and generally efforting your way through life. Half of the gains are giving yourself permission to not play the game and then the other half is being able to spot the spots and realize where the counter effort is coming from. Most of the counter-intention comes from within. Once that's handled--others' counter intention has nothing to stick to. SS

I have completed and attest to Grade1 - I feel a huge release on this and am very grateful to Frank Davis of the Midwest tech Center and to LRH for the tech to make this possible & available.

Key Question? Yes, absolutely, for everyone! MS

**Grade 4**

Years ago I did a service-facsimile\* handling and always wondered whether or not there was something else. Sure enough, way down--hidden away in a little tiny space--there it was. Not a big mean one but a tiny one that was effecting life. Sometimes I would have reactions in situations that I really didn't understand and now it makes sense and I don't need to have those reactions anymore. Thanks. SS

(\*Service-facsimile : a picture that makes oneself right and others wrong.)

**CLEAR**

Being clear is so amazing it is hard to tell everyone how GREAT! it feels. To have ME and to be able to do and be anything I want with no weight on anything--AND I can handle the world with no problems. I am so happy!!! Thanks, Les and Anita, for having me put down on paper my scientology history.. Because I always questioned that day. But when I put it on the paper I knew for CERTAIN I was clear. LOOK OUT WORLD. PD

~oo0oo~

*~ Wanted! ~*



Capable beings to assist the International Freezone Association Inc.  
Admin and Tech training well received. Must be on source and an adherent to the philosophy and technology of Lafayette Ron Hubbard.  
If you are a trained auditor or admin trained, the IFA needs YOU!

Contact: [support@internationalfreezone.net](mailto:support@internationalfreezone.net)



*The International Freezone Association*  
*The New Renaissance of Beingness*  
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Quote from Lafayette Ron Hubbard Tape Lecture  
 “FLOWS: CHARACTERISTICS OF  
 “ 9 December 1952

## Spirit of Play



“Let’s pretend”. When a man loses his Spirit of Play, he’s dead. That means that guys start dying at about 3.0. And sure enough, 3.0 down a guy will tell you, “Well, I had some illusions when I was a kid, but I’ve lost all of those. I’m practical now. We’ve got to face this thing practically, and what we’re doing here is very serious, and the reason I work hard at the office every night and work until ten or eleven o’clock is I have to keep those Cadillacs going. And uh.. help keep the Cadillacs going because of the social position of the wife, you know. And uh.. it’s terribly important, and so forth, and keeping the big house going, and that sort of thing.” Some night he goes home and she’s run away with the chauffeur. This uh.. and he says “my heart is broken and all is lost.”

Why? Why does he say this? Isn’t that.. isn’t that fascinating. He’s got a MEST object which he kept giving things to until he had it enMESTed thoroughly, then he wondered why it went down tone scale so it didn’t have any morals and no responsibility. He introduced the factor of automaticity to such a degree that nothing could exist, except matter. And then he wonders why the boy has trouble at college. “What’s all this? Yeah. The gods have afflicted me” he says, as he stuffs another spoonful of decayed whale down his gullet. You want to know what’s wrong with your preclear? Well, your preclear is too serious. You want to know what seriousness is? Seriousness is solidity. You ever hear of a

“solid citizen”? You want to get something done, don’t get any of these serious boys. Shoot them on sight - or process them. But if you want to get something done, don’t have anything to do with them.

There’s nothing succeeds like insouciance\*. Plain flippancy will actually get more done in less time than anything else you can name. That’s a funny thing, isn’t it? It’s not serious; the guy’s flippant. The guy says, “Oh...” It’s something like... There’s there’s more battles have been won for some general by some sergeant, or something of the sort, that said, “Well...” Oh, by the way, one of the ways that Tamerlane really made a reputation was knocking in Hashshashin’s headquarters. Timourilang, the Iron Man, the Great Limpur, oh boy! He was good and serious. He had a sense of humor, though. You know this uh.. this uh.. old uh..old thing about the guy with the gold uh.. Midas? You know, he couldn’t eat his gold, and he.... that goes around a lot. He evidently, possibly, initiated that. I think it was in Cairo, and uh..he heard that the sultan there was very, very wealthy and when he got to the gates of Cairo, why there was no army, and he went in and he couldn’t understand this. He said, “What the devil?”

You’ve got all that gold and you can’t buy yourself any protection? Well, we’re going to be good to you.” So he shut the guy in the tower with nothing to eat but his bags of gold.

I think the legend more or less originated there. He had his flippant moments too, but kind of grim.

They used to make pyramids of the Khan, Genghis Khan used to make pyramids of skulls.

Fascinating. His idea of flippancy was just a trifle grim. For instance, onetime 35,000 soldiers surrendered to him and laid down their weapons and so forth, so he put them in the center of his camp and at twelve midnight had his troops slaughter them. He accepted their surrender because he would never take a man who was not taken without arms in his hands.

He would have nothing to do with a man who was not taken.. not fighting. A guy could only expect mercy at the hands of the Khan if he had about ten of the Khan's best troops dead in their tracks at his feet.

Now he had a code he ran on, pretty down scale and all that sort of thing, but it was there. Well, he got a big reputation one time that he didn't deserve really at all. He kicked in this stronghold, he heard this stronghold existed, his troops were just tremendous. Those little

guys were just fascinating to look at. Anyway, he.. he uh.. took this citadel, and this citadel, Hashshashin had more or less controlled a large section of Asia at one time or another, it was more or less in decadence. And one man was responsible for taking it.

They had a rank called Kha Khan. Kha Khan was like a medal. It ten times forgave a person the death penalty. He could ten times incur the death penalty and uh.. not get it, if he became a Kha Khan. Well, this kid became a Kha Khan. But he, by his lonesome, scaled this tremendous citadel which had stood for hundreds of years completely impregnable to everything, and kicked open the front gate. He went up a sheer mountain cliff and went over sheer towers and battlements and down into the midst of the enemy, and went in and opened the gate and took the castle. One guy.

**\*insouciance:** "carelessness, thoughtlessness, heedlessness," from Fr. insouciant, from in-"not" + se soucier "to care," from L. sollicitare "to agitate"

Online Etymology Dictionary, © 2001 Douglas Harper  
<http://dictionary.reference.com/browse/insouciance>

~oo0oo~

## *Lafayette Ron Hubbard Quote*

An individual who can freely and with a clear heart do things because they're fun is a very sane person. He's in good shape.

The Phoenix Lectures  
L. Ron Hubbard

**The Purposes of the International Freezone Association**

*Preserve the exact technology and original workable philosophy of Lafayette Ron Hubbard for future use so it is available for all mankind.*

*Protect the exact technology and original workable philosophy of Lafayette Ron Hubbard so it is not altered, diluted or changed in anyway but remains exactly as Lafayette Ron Hubbard issued it.*

*Promote the exact technology and original workable philosophy of Lafayette Ron Hubbard so it may be known by all mankind*

**~ Special Notice ~**

**The IFA is now on Twitter and Face book!**

**To see the IFA posts on twitter simply log into  
Twitter and go to  
[IFreezoneAssoc](https://twitter.com/IFreezoneAssoc)**

**To see the IFA on Facebook, Just log in to  
Facebook and go to  
[Int Freezone Assoc](https://www.facebook.com/IntFreezoneAssoc)**

**Keep in touch. Today!**

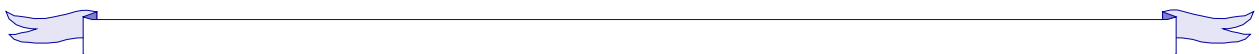


**~~ Lafayette Ron Hubbard Quote ~~**

*A man is as dead as he can't communicate.*

*He is as alive as he can communicate.*

*Dianetics '55*



**FREE THETAN**  
**The Monthly Newsletter of the**  
**International Freezone Association**



**From:**  
International Freezone Association Inc  
417 Mace Blvd Suite J #123  
Davis, CA 95618  
USA

**To:**  
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**ZIP or Postcode**.....